

**MIDDAY FRIENDSHIP**  
**CENTERS**

**BUTLER BOROUGH**

FIREHOUSE, CAREY AVENUE  
838-4472  
(OPEN MONDAY THROUGH FRIDAY)

**CHATHAM BOROUGH**

CHURCH OF CHRIST  
382 FAIRMOUNT AVENUE  
635-1508  
(OPEN TUESDAY & THURSDAY)

**CHESTER TOWNSHIP**

COMMUNITY PRESBYTERIAN CHURCH  
220 MAIN STREET  
(908) 879-6837  
(OPEN TUESDAY & THURSDAY)

**DENVILLE**

COOK'S POND SENIOR HOUSING  
455 DIAMOND SPRING ROAD  
983-1142  
(OPEN MONDAY, WEDNESDAY, FRIDAY)

**DOVER**

ST. JOHN'S EPISCOPAL CHURCH  
11 SOUTH BERGEN STREET  
361-9376  
(OPEN MONDAY & THURSDAY)

**JEFFERSON TOWNSHIP**

54 SCHOOLHOUSE ROAD  
208-0788  
(OPEN MONDAY, TUESDAY, THURSDAY)

**LONG HILL TOWNSHIP**

769 VALLEY ROAD  
(908) 626-1606  
(OPEN MONDAY & FRIDAY)

**MADISON**

REXFORD S. TUCKER APTS.  
15 CHATEAU THIERRY AVENUE  
822-3129  
(OPEN MONDAY, WEDNESDAY, FRIDAY)

**MONTVILLE**

MONTVILLE SENIOR HOUSE  
356 MAIN ROAD  
316-8560  
(OPEN TUESDAY & THURSDAY)

**MORRIS MEWS**

DEAN GALLO CONGREGATE HOUSING  
99 KETCH ROAD  
540-8063  
(OPEN MONDAY THROUGH FRIDAY)

**MORRISTOWN**

WETMORE TOWERS  
31 EARLY STREET  
644-0343  
(OPEN MONDAY THROUGH FRIDAY)

**MT. OLIVE TOWNSHIP**

MT. OLIVE SENIOR CENTER  
204 FLANDERS-DRAKESTOWN ROAD  
448-7474  
(OPEN MONDAY, WEDNESDAY,  
FRIDAY)

**PARSIPPANY**

PARSIPPANY COMMUNITY CENTER  
1130 KNOLL ROAD  
884-1868  
(OPEN MONDAY THROUGH FRIDAY)

**ROCKAWAY**

PLEASANT VIEW VILLAGE  
221 MT. PLEASANT AVENUE  
361-9376  
(OPEN TUESDAY, WEDNESDAY,  
FRIDAY)

**ROXBURY TOWNSHIP**

OLD LAFAYETTE SCHOOL  
BERKSHIRE VALLEY & MILL ROAD  
361-5231  
(OPEN WEDNESDAY & FRIDAY)

## **WELCOME TO THE MIDDAY FRIENDSHIP CENTERS**

- ❖ EACH CENTER SERVES NUTRITIOUS NOONTIME MEALS.
- ❖ THERE IS NO CHARGE FOR THE MEALS, BUT A SMALL DONATION (\$1.50) IS SUGGESTED.
- ❖ ADVANCE RESERVATIONS ARE REQUIRED. CALL THE NUTRITION SITE 24 HOURS IN ADVANCE TO MAKE YOUR RESERVATION
- ❖ ALONG WITH GREAT FOOD, YOU CAN JOIN IN ACTIVITIES INCLUDING LINE DANCING, BINGO, MOVIES, SING-ALONGS, ARTS AND CRAFTS, GUEST SPEAKERS, PARTIES, HEALTH SCREENINGS, AND EDUCATIONAL PROGRAMS.
- ❖ HOME DELIVERED MEALS ARE AVAILABLE FOR HOMEBOUND SENIORS. CALL THE NUTRITION OFFICE OR THE MIDDAY CENTER NEAR YOU.
- ❖ IF YOU ARE UNABLE TO DRIVE, TRANSPORTATION IS AVAILABLE.
- ❖ IN THE EVENT OF BAD WEATHER OR UNSAFE ROAD CONDITIONS, THE CENTER MAY BE CLOSED. PLEASE LISTEN TO YOUR LOCAL RADIO STATION FOR CLOSINGS.

## **ALEGRIA, AMIGOS Y ALIMENTOS**

LE INVITAMOS A QUE PARTICIPE DE ACTIVIDADES RECREATIVAS, ASI COMO DE UN NUTRITIVO ALMUERZO, DE LUNES A VIERNES AL MEDIODIA.

NUESTRO PROGRAMA ESTA DISPONIBLE A PERSONAS DE 60 ANOS O MAYORES Y SUS CONYUGUES. ANTES DEL ALMUERZO TENEMOS CHARLAS EDUCATIVAS, SOCIALES, Y SOBRE TEMAS DE SALUD. HAY CLASES DE EJERCICIOS, BINGO Y MUCHAS ACTIVIDADES.

SE SUGIERE UNA DONACION DE \$1.50 POR COMIDA AUNQUE NO ES OBLIGATORIO. TAMBIEN SE PREFIEREN RESERVACIONES POR ADELANTADO.

ENTRE OSTROS SERVICIOS QUE SE OFRECEN HAY TRANSPORTACION DE SU HOGAR HASTA EL CENTRO QUE USTED SELECCIONE, ALMUERZOS A DOMICILIO PARA PERSONAS QUE REUNAN LOS REQUISITOS NECESARIOS Y CONSEJERIA EN TEMAS DE NUTRICION Y DIETA.

PARA MAS INFORMACION USTED PUEDE CONTANAR AL CONDADO DE MORRIS PROYECTO DE NUTRITION TELEFONO (973) 285-6856.

**A PUBLICATION OF THE  
MORRIS COUNTY BOARD OF  
CHOSEN FREEHOLDERS**

## **MORRIS COUNTY SENIOR CITIZEN NUTRITION PROGRAM**



## **MIDDAY FRIENDSHIP CENTERS**

**MORRIS COUNTY DIVISION  
ON AGING, DISABILITIES  
& VETERANS**

**TELEPHONE: (973) 285-6856**